

Caregiver Duties Include:

Assistance with:

- Bathing
- Dressing
- Toileting & Continence Care
- Catheter/Colostomy Care
- Mobility
- Transfers
- Range of motion exercises
- Meal Preparation
- Feeding/Assistance with Feeding
- Medication reminders

Other duties:

- Transportation to medical appointments, shopping or social errands
- Companionship:
Talk, read, visit with etc.
- Light housekeeping: dishes, linens, dust, vacuum, laundry
- Provide a safe, comfortable environment

The caregiver's primary role is care of the individual.

The Health Group nurse will establish an individualized Plan of Care.

The Advantages of Case Management with Heritage Harbour Health Group

- Cost effective care with lower rates than commercial agencies
- RN consultations available 24/7
- Caregiver assessment by Health Group nurses
- Regular home visits and follow up assessments by Health Group RN
- Individualized Plan of Care
- Coordination of care with physicians and other health professionals
- Family meetings when requested
- Pre-screened caregivers
- Right here in your community
- We go the extra mile!

Heritage Harbour Health Group

801 Compass Way, Suite 5
Annapolis, MD 21401
410.224.5683
www.hhhg.org

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Case Management



The Key to Staying
In Your Home!



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What is Case Management?

Case Management is a process utilized by a variety of health care professionals to assist and advocate for individuals with special health care needs. When utilized, case management services facilitate access to quality, cost effective services which allow individuals to achieve or maintain as much independence as possible thus improving quality of life.

Case Management with the Heritage Harbor Health Group

Case Management with the Heritage Harbour Health Group is required whenever in home services are provided by Health Group caregivers. Once a referral has been made by the individual who is seeking services, or by someone on the individual's behalf, the process of Case Management begins. During the assessment period, the Health Group Registered Nurse takes a detailed history of the individual's current health issues, medications, and treatments to begin to develop a plan for care at home. Consultation with other health professionals, the primary care physician or hospital/rehabilitation discharge planner provides recommendations as well as a current status in regard to any rehabilitation needs. The nurse may also interview family members to ascertain their wishes and concerns in regard to having care in the home.

Once it has been determined that home care is appropriate, the Heath Group nurse refers caregivers to the case. While the nurse refers individuals it is ultimately your choice as to which caregivers will provide care. Caregivers can be changed to meet your needs and preferences.

Once care begins, the Heath Group nurse will make regular visits for follow up health assessments and to be certain that the care provided meets your needs.

Adjustments will be made at your request and as the nurse identifies potential needs for change. Remember, the goal is for you to be safe first and foremost, while maintaining your independence.

Health Group caregivers are carefully screened with background, criminal, drug and reference checks. They work as Independent Contractors and are paid directly by the member.

If you have any questions the nurses and office staff are happy to address them.

Fee Schedule for 2009

Arrangement and Maintenance Costs:

Short Term

- Care for 3 days or less \$75.00
- Care for 4-14 days \$200.00

Long Term

- Care for 15 days or greater (12 hours + \$95.00/mo or less per day) \$210.00
- Care for 15 days or greater (13 hours + \$130.00/mo or more per day) \$210.00

The initial arrangement fee of \$210 will be waived for those who have been Health Group members for 5 consecutive years or greater.

Caregiver Costs:

Short and Long Term

Member pays caregiver directly
\$14.00 per hour

Caregivers are paid \$15.00 per hour for the following holidays:

New Year's Day	Fourth of July
Easter Sunday	Labor Day
Mother's Day	Thanksgiving Day
Memorial Day	Christmas Day

A completed letter of agreement with applicable fees are due prior to start of care.

We recommend the member pay the caregiver(s) by check and never in advance of hours worked.